

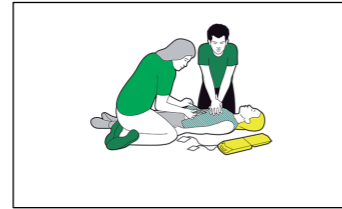


# Gordon's School PSHE + Citizenship

## Key Stage 3 - Curriculum Map

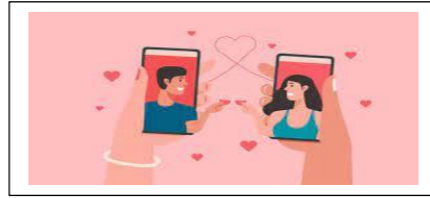


- Key Words / Skills:**
- Active Citizenship
  - Consent
  - Coping with stress
  - Critical Thinking skills
  - Democracy
  - Emotional Intelligence
  - Equality & Diversity
  - Personal Responsibility
  - Self-Science



### Healthy lifestyle choices

First aid skills. CPR, Choking, Head injuries with Medi team.  
Making informed and independent healthy choices.



### RSE | Intimate & respectful relationships

Romantic relationships and sex education, including consent, contraception, risk of STIs, unplanned pregnancy and attitudes to online pornography.

### Substance use & peer influence | Citizenship

Substance misuse, healthy choices & lifestyle balance. Attitudes and behaviours regarding drug use. Alcohol & cannabis – effects and risks. Drugs, the law and managing risk.

### Community | Active Citizenship | Social Action

First Give Project x 8 weeks. Empowering young people and participation in social action. Explore social issues, research charities, meet charity representatives, plan and deliver social action activities, present chosen charity to class / school final.

### Employability skills | the economy & personal finance

Understanding career sectors, labour market information, exploring career pathways, equality & diversity at work.  
The influence of the economy on personal choices, making informed decisions, understanding personal influence on the economy & managing financial risk.

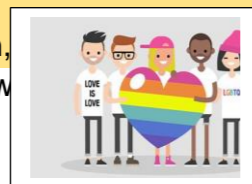


### Citizenship | Law and the Justice System

Knife crime, County Lines, Hate crime and bullying, role of the Magistrates Court. Gordons Values character report.

### RSE | Identity & relationships

Relationship values, gender identity & sexual orientation, introduction to consent & contraception, & menstrual w



### Health and wellbeing | Drugs & Alcohol

Alcohol and drug misuse and pressures relating to drug use (Inc. tobacco and nicotine). Dangers of vaping.

Year 9

### Developing positive mental health | Citizenship

Attitudes to mental health, promoting emotional wellbeing, , unhealthy coping strategies and healthy coping strategies. Citizenship equality and diversity, respect, tolerance, personal response. British values & Equality Act 2010



### Careers and workplace skills

Equality of opportunity - Careers in the NHS (competition) & life choice. Job description and adverts. Different types and patterns of work. Learning strengths & behaviours required in the workplace. Growth mindset and positive mental health.

### Emotional wellbeing

British Values and the rule of law  
Mental health and emotional wellbeing, including loss & grief, managing feelings & coping strategies.

Year 8

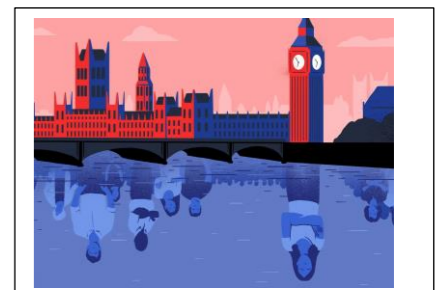
### Health | Human Rights

Human rights, responsibilities (including. Wants and needs). British values & Equality Act 2010.

Staying safe in the sun - skin cancer, sun cream and how to get help and further advice.

### Citizenship | Democracy | Functions of Parliament

Introduction to politics, different types of democracy and contrast to dictatorship. Exploring Parliament and its functions. The role of the Prime Minister



### Digital Literacy | importance & practice of budgeting & managing risk

Online safety, digital literacy, media reliability, spotting fake news, safer online relationships, & body image in a digital world. Credit vs saving, opening a bank account & personal saving habit. Dealing with financial dilemmas.

### Transition & Self-Science

Transition to secondary school. Introduction to PSHE and Citizenship including Character Education and Gordons Values. Looking after your mental health and wellbeing.

Year 7



### RSE | Health, puberty & safety

Personal safety outside of school, healthy routines, hygiene. Deconstructing puberty and single sex discussion group. Introduction to healthy relationships and consent.

### Developing skills, aspirations & employability

Self-confidence, personal strengths, careers, raising aspirations, leadership, and understanding behaviour at work.

### Building relationships & diversity | Safety & drugs

Recognising diversity, prejudice, and bullying. Forming positive relationships, friendships (including online) and relationship boundaries (peer pressure). British Values.

First aid and understanding drugs (including caffeine and medicines)

